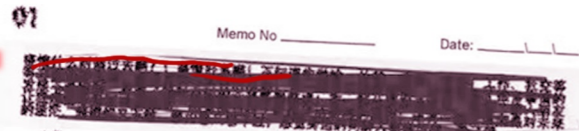


EMOTION RECEPTACLES



INSPIRATION SOURCE

The story around me gives me inspiration, one of my relatives is a doctor, about 40 years old. he is an introvert man with a happy family. He should have continued this happiness, but one day, after he knew his wife back home and quarrel with others, He was very angry while there is no place to vent emotions. He just held it and felt like going to collapse. At that night, He had a heart attack and then inserted a heart stent to save life



RESEARCH CONTENT

I will never say what you want to hear.



& yeah, i think i love you ♥

The long-term endurance of adults brings too many negative emotions, which like a mountain and makes us collapse. If those emotions can't be released in time, they will turn inward and aggression ourselves in the future.

Therefore, I designed the work of "emotional shelter" for slowly releasing my emotions through my own methods, and thus having my personal space.



I'm bipolar. I have sever social anxiety. I have major depressive disorder. I have a 4.0 GPA and a 2370 SAT. My illnesses do not define me.

HOT OR NOT?



Desire, memory, fear are all in the corner of my heart

NO

There is an "invisible" room hidden deep in my heart

A few words of consciousness are displayed in the room, forgotten and marginalized.



RESEARCH CONTENT / (news media)



She used to do strange things, like staring at something for a long time and ignoring whoever called out to her. She also used to ask us not to draw the curtains and open the windows in the dormitory, etc.

daughters of the Duke and Duchess of York, Princess Elizabeth and Princess Margaret
grounds "of the model house presented to Princess Elizabeth by the people of Wales."
410

INTERVIEW CONTENT



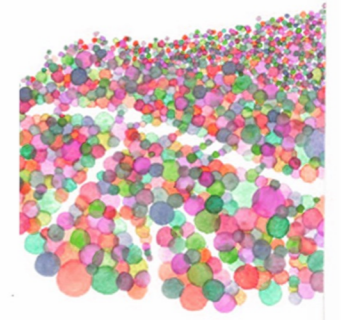
I interviewed my friends around me. Will you vent your negative energy in front of others?

A: Most of time, I won't. because I am far away from home, I want to be more independent, including mental independence. I don't want my parents to worry about me, and also, I am afraid to make trouble to my friends, so I will hold negative energy in my heart.

B: I will sing a song or be running. I think I will exert all my strength when I am running but the disadvantage is that my muscles will be sore all-over next day.

C: I rent my own house. The advantage is that I have my own space. I can talk to myself and tell myself to control myself. But sometimes I also appreciate such negative energy, which will make me stronger and have fresh memories.

D: I will not vent at all. I am introverted even inferiority. I am afraid that people around me will look down on me and laugh at me



COLOR SELECTION

I chose some fresh colors, and I hope these fresh colors will bring me a good mood

MY IDEA

I hope to integrate these colors into my emotions shelter, express my emotions through fonts, sounds and graphics so as to write an emotion diary to store my deep feelings.

Films about depression



Stage play 'Cooled Smile' - Smile Depression

Software to relieve depression

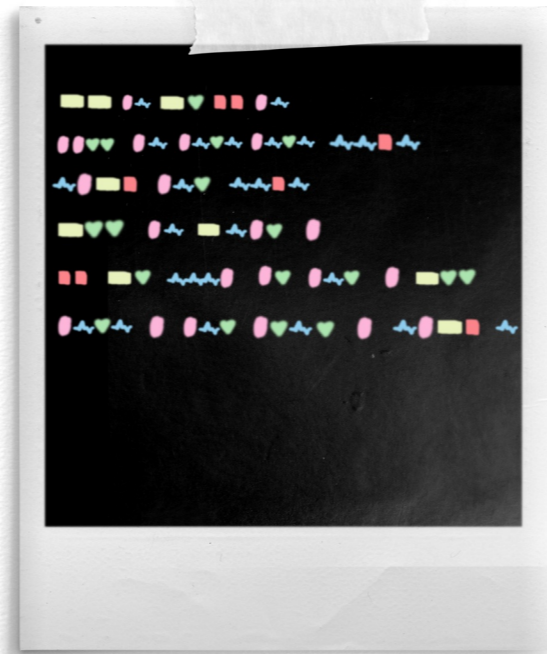
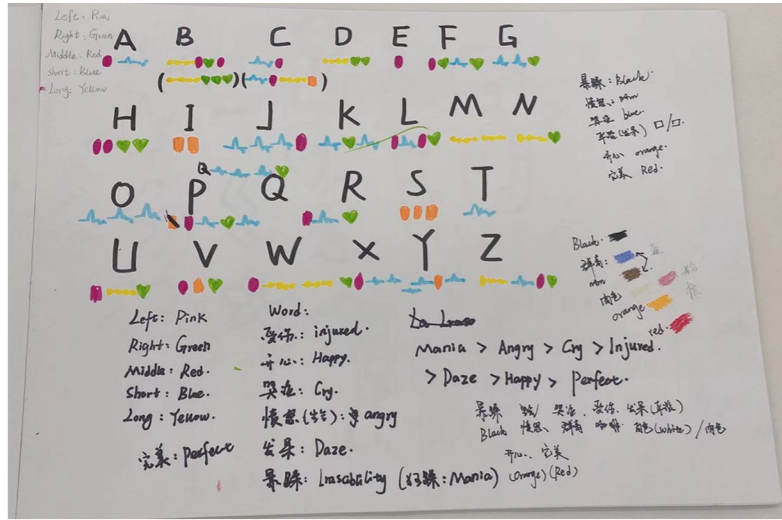


You need chaos in your soul to give birth to a dancing star.

Friedrich Nietzsche

I'm happy, but sad
I want to die, but I don't.
I love you, but I hate you.
I'm tired, but I'm not.
I'm fine, but not really.
I can't talk to you,
but I can't not talk to you.

COMBINATION OF FONT AND PASSWORD








MY IDEA

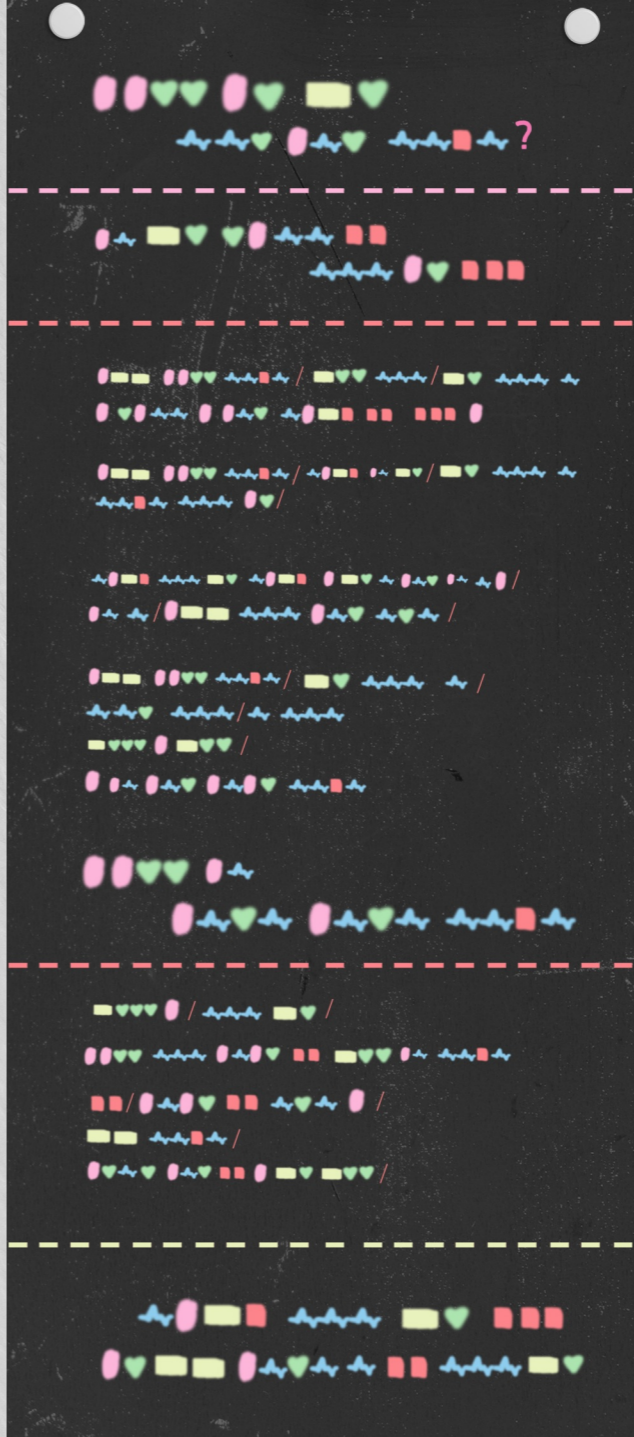
My inspiration comes from Morse Code. I hope to have an emotional space of my own and not be found. So I design letters as a code feeling, which can not be understood by others, and can also store my emotions.

In this project, I mainly express my emotional password through "text", "voice" and "graphics".

Voice performance: I use the transmitter to convey my emotional voice. Each letter can form a word combination. Each branch of the password represents the wavelength of the voice.

EXPLANATION OF VOICE

-  Indicates that the sound wave is very short
-  Indicates that the sound wave is very short
-  Indicates the medium length of sound wave
-  Indicates the longest sound wave
-  Indicates that the sound wave is very short



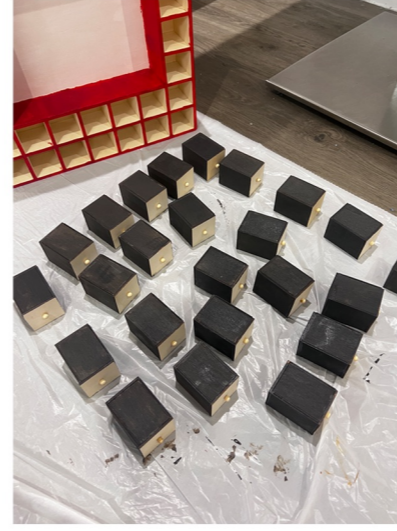
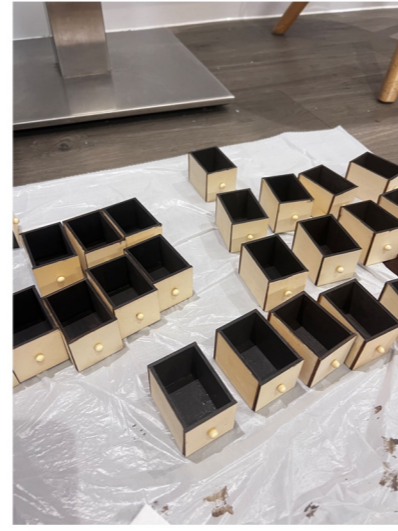


This is an emotional blind box. Every day there will be emotional markers, and each small box can contain some emotional memories, even small stickers for rewards, etc. There will be full of memories in the future.

I made my emotions into patterns and made a calendar. Every day can be marked with emotion patterns as a record.



Painting process



This is an emotional blind box that I made based on my model, it has an overall red tone, each small box on the emotional blind box is marked with a date and the box is filled with some emotional memories. At the top of the house is my emotion text and in the middle of the whole house is my emotion pattern sheet. This emotion house not only stores emotions but also adjusts our emotions as well as serving as a kind of memory for me

DEVICE PROCESS

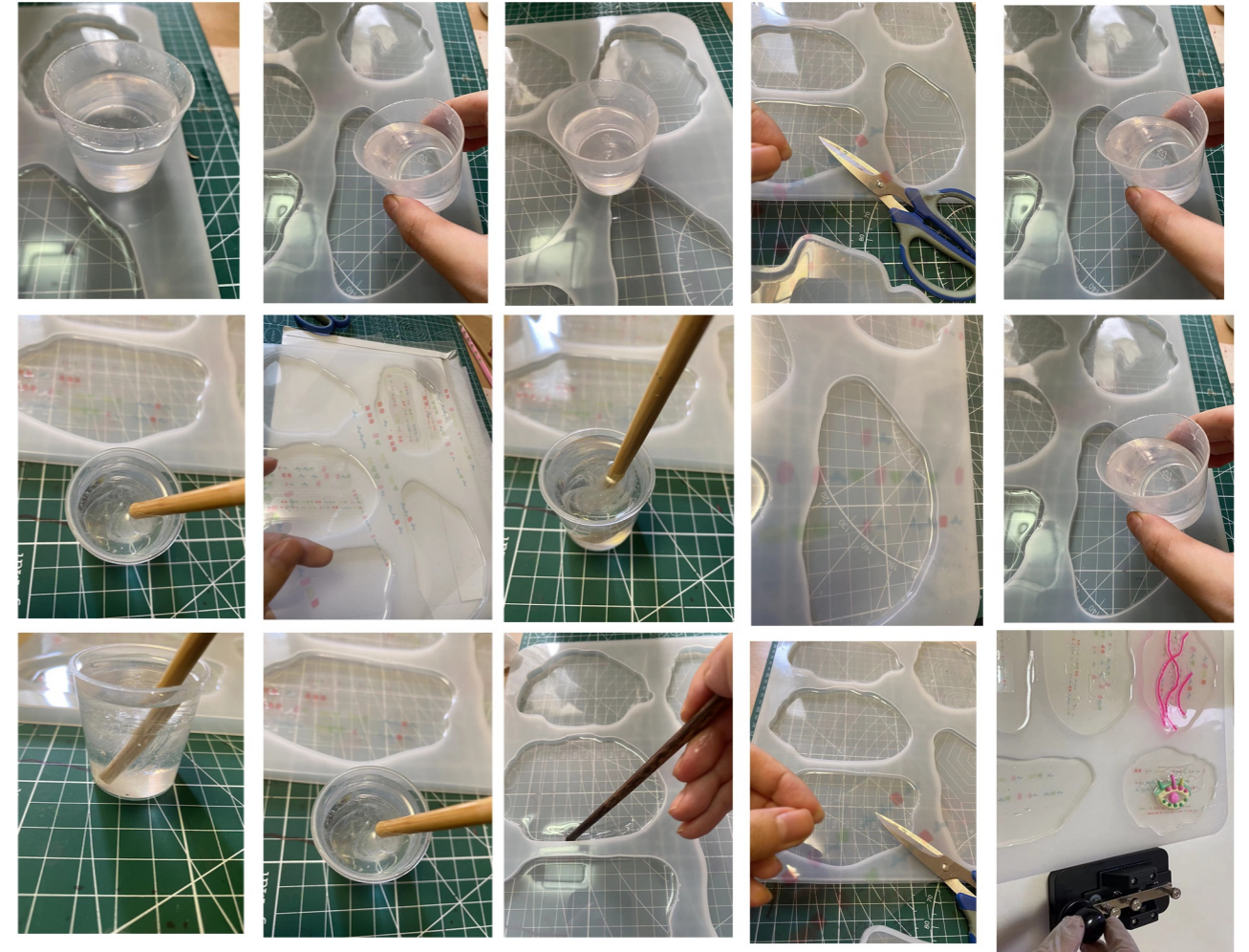
I made a device according to my mood calendar. I made my daily mood patterns with clay, and put them into each small bottle. One small bottle represents a week's mood, and the last big bottle represents a month's mood summary. Through this mood pattern device, you can clearly see the daily mood changes, and hope to give yourself a warning, less angry and more happy.



At the same time, I made some password emotion sentences into glue drops. The material of the glue drops is easy to save and represents the eternal seal. I hope these good and bad emotions can bring me good memories and be a part of my growth.

A: B=2.5:1. I poured A and B of the glue drop into the container in proportion, and sprayed the password sentence onto the film with laser ink.

Glue dropping is divided into two steps. First, make half of it. After solidification, put in the film, then pour the other half of it. After solidification, demould. The whole process takes 5 to 7 days.



DISPLAY OF FINISHED PRODUCTS

The four small bottles are the mood patterns of each week, and the big bottles are the mood pattern devices of a month.



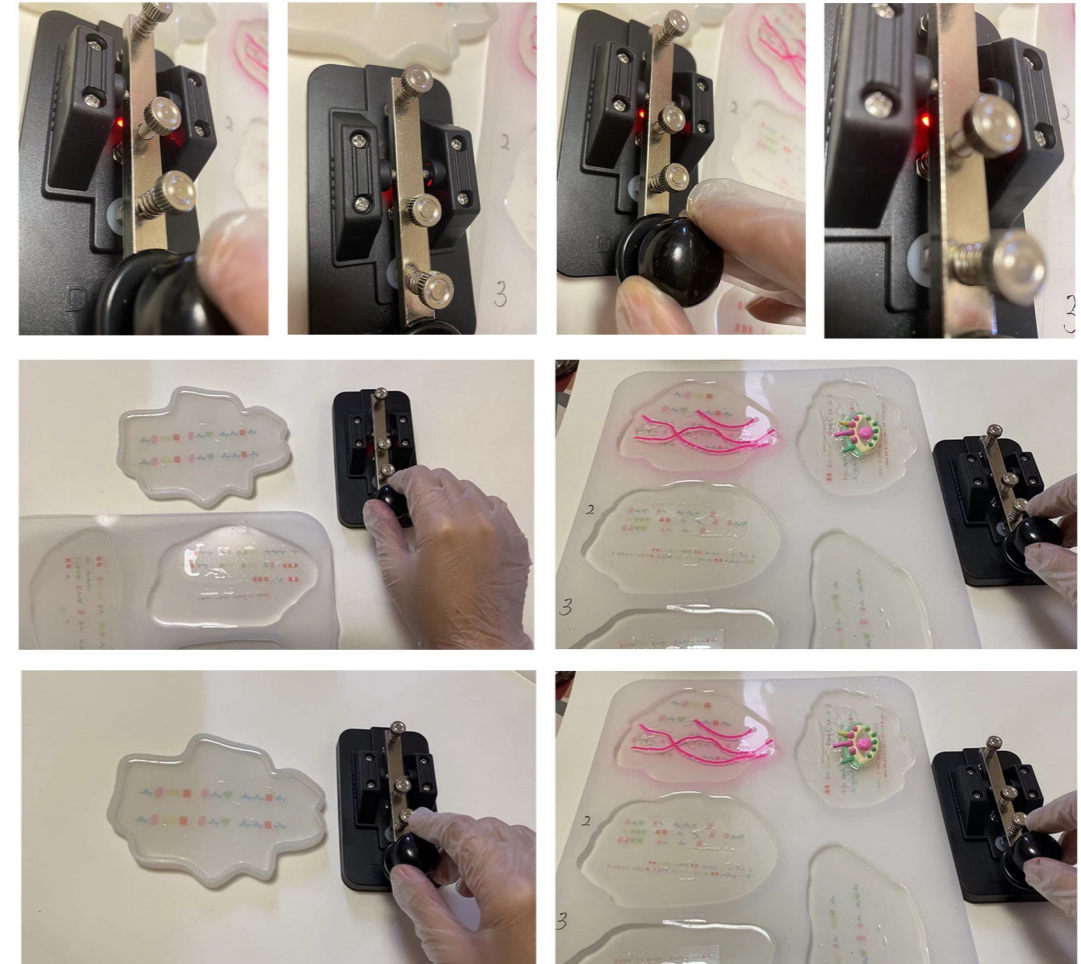
I have made an emotional device into an accommodation for emotions. I hope to see the device inside and recall every bit of the past.



GLUE DRIPPING FINISHED PRODUCT



SOUND DISPLAY (SMALL TRANSMITTER)



I use such a small transmitter to make a sound with my text code. Its principle is that the sound wave length can be determined by pressing the button, and the time length can also be determined by pressing the flashing red light.

(The sound is displayed in my video link)

<https://youtu.be/zSiCoRpdmEI>
<https://youtu.be/-KrlqzbJwKU>
<https://youtu.be/6ZuYnJMpoko>
<https://youtu.be/5yqb8GNgHPs>

POSTER DESIGNS



POSTER DESIGN AT BUS STOPS AND UNDERGROUND STATIONS



I HAVE PLACED THESE POSTERS AT BUS AND UNDERGROUND STATIONS FREQUENTED BY YOUNG PEOPLE. PEOPLE ARE ABLE TO SEE THEM WHILE THEY ARE WAITING FOR THE BUS, ADJUSTING AND ORGANISING THEMSELVES.