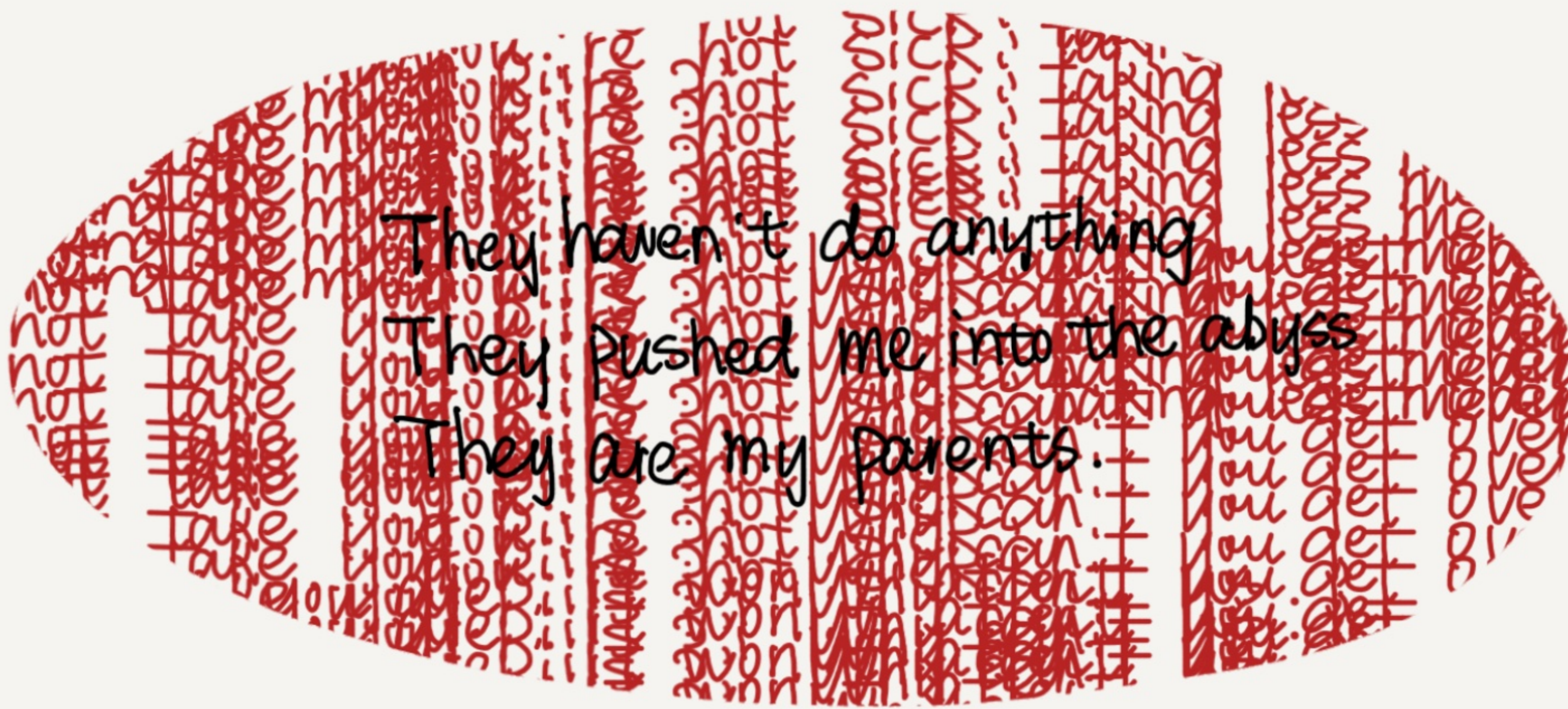
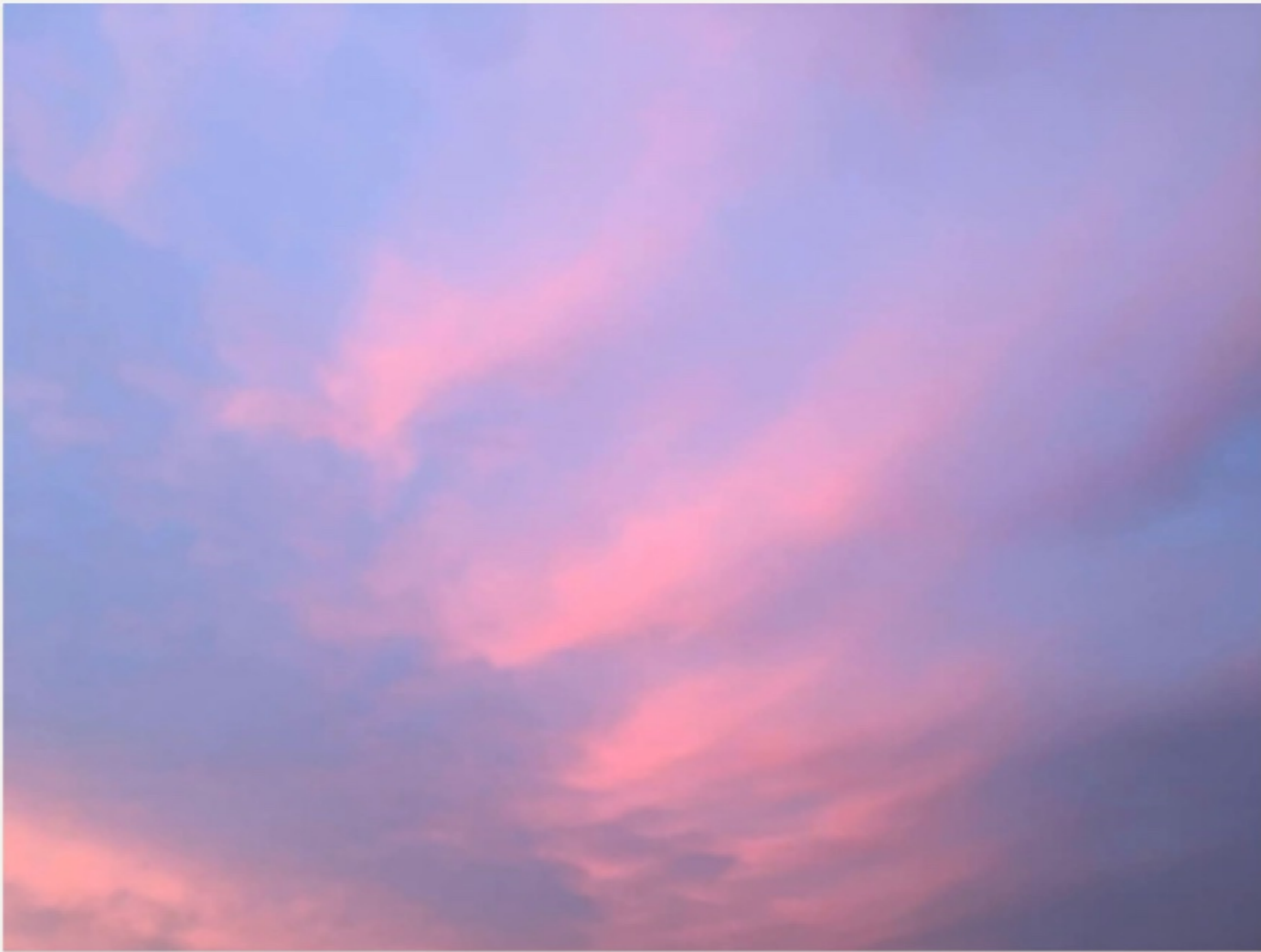


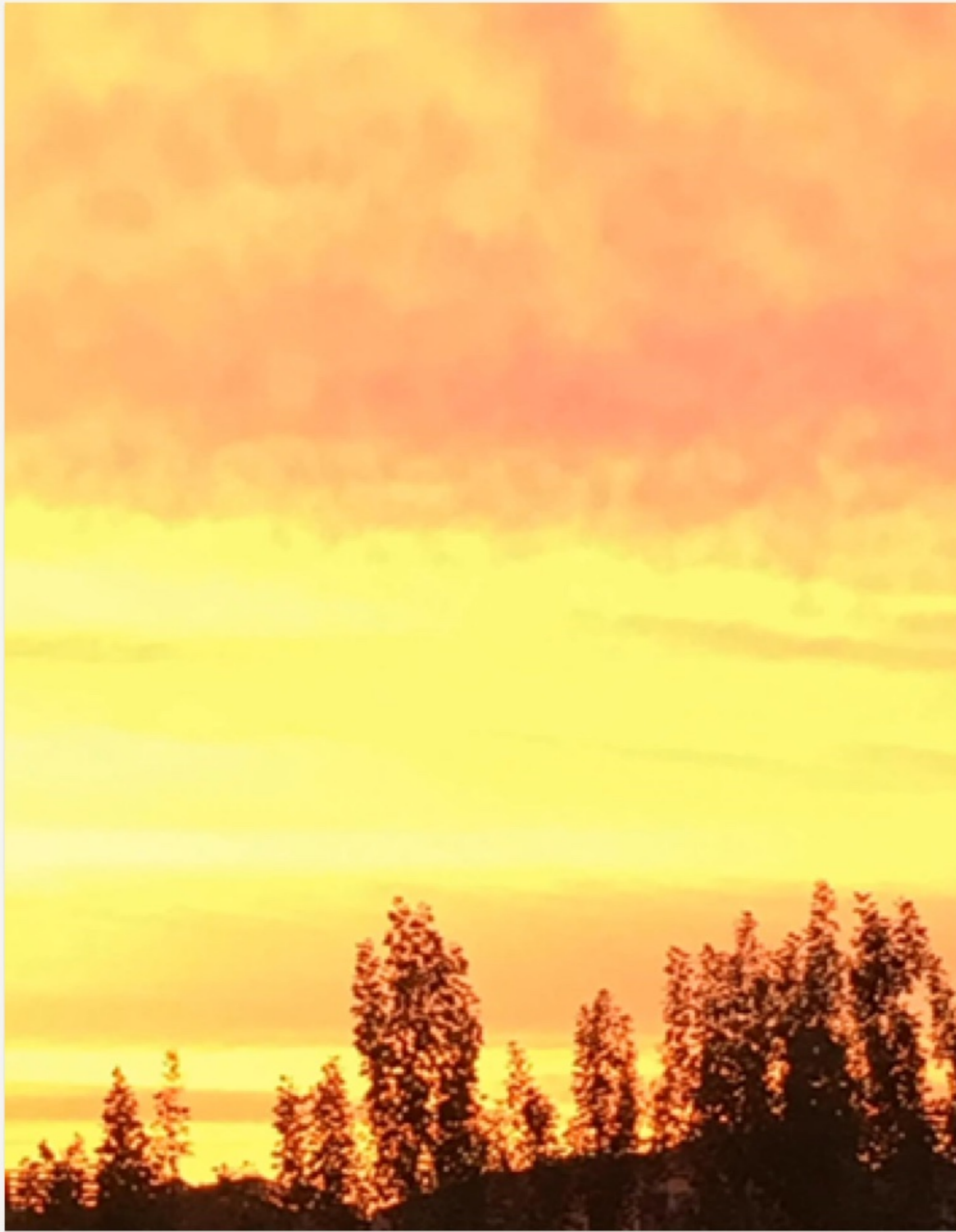
Yue's diary since she was
diagnosed with depression.



They haven't do anything.
They pushed me into the abyss.
They are my parents.







re-examine

record

26/8/2020

18/9/2020

24/10/2020

increase dosage

4/3/2021

5/4/2021

24/5/2021

24/7/2021

Increase dosage

12/8/2021

Increase dosage

9/4/2022

25/7/2022

2/8/2022

14/8/2022

increase dosage

7/12/2022

Increase dosage

8/2/2023

increase dosage

22/12/2023



131812022

They can't stop fighting
even don't care about my life
I'm tired.....
He said it's fine if I dead.
I ate lots of sleeping pills.
I haven't died.
He told me to eat more.

14/8/2022



I want to escape my family

I hate my father

I can't stop crying

I hid under the table

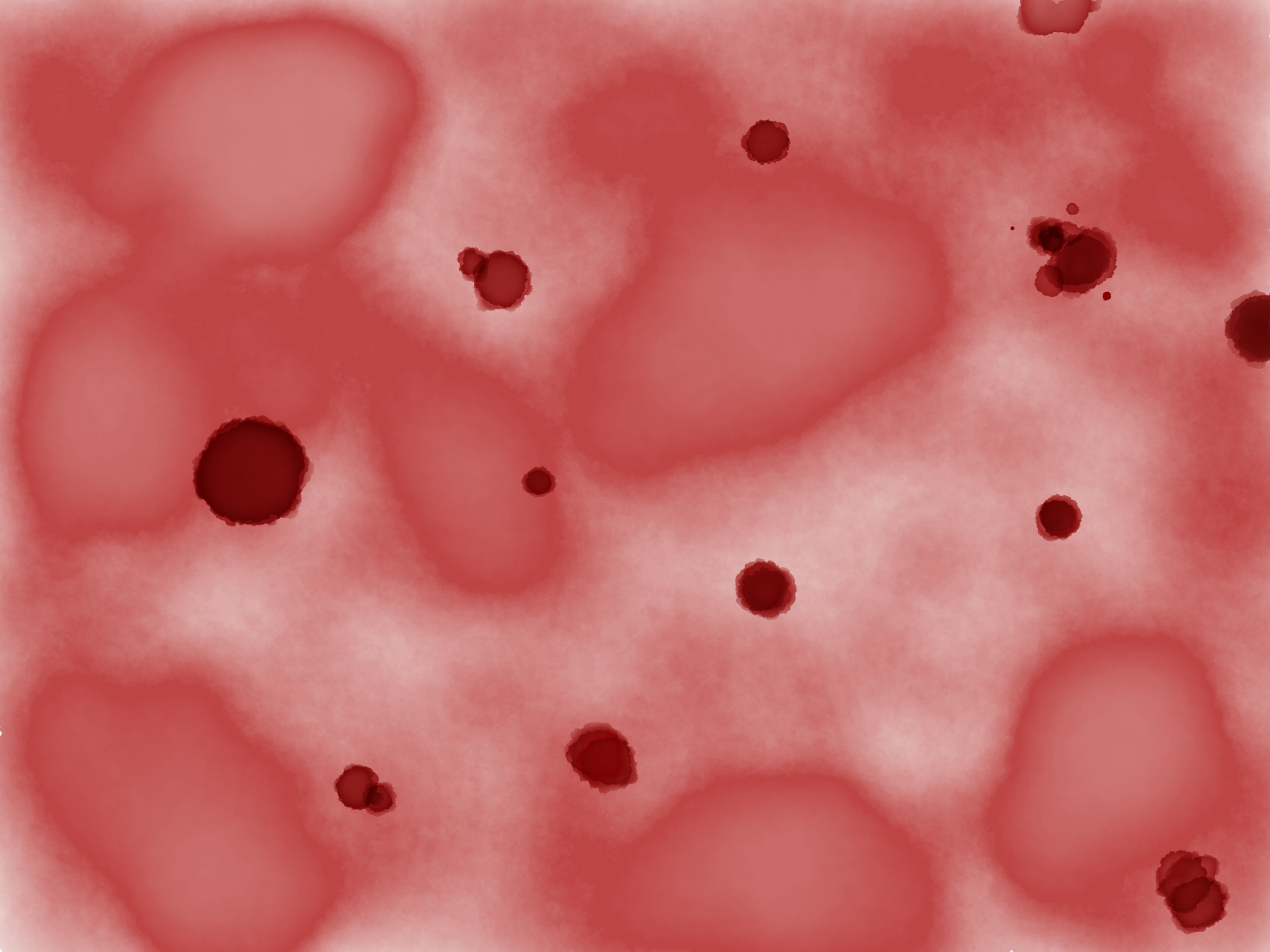
I'm afraid of any sounds

I dare not make any sounds

19/11/2022



I woke up crying.
I had a nightmare.
It was really real.
I'm afraid.

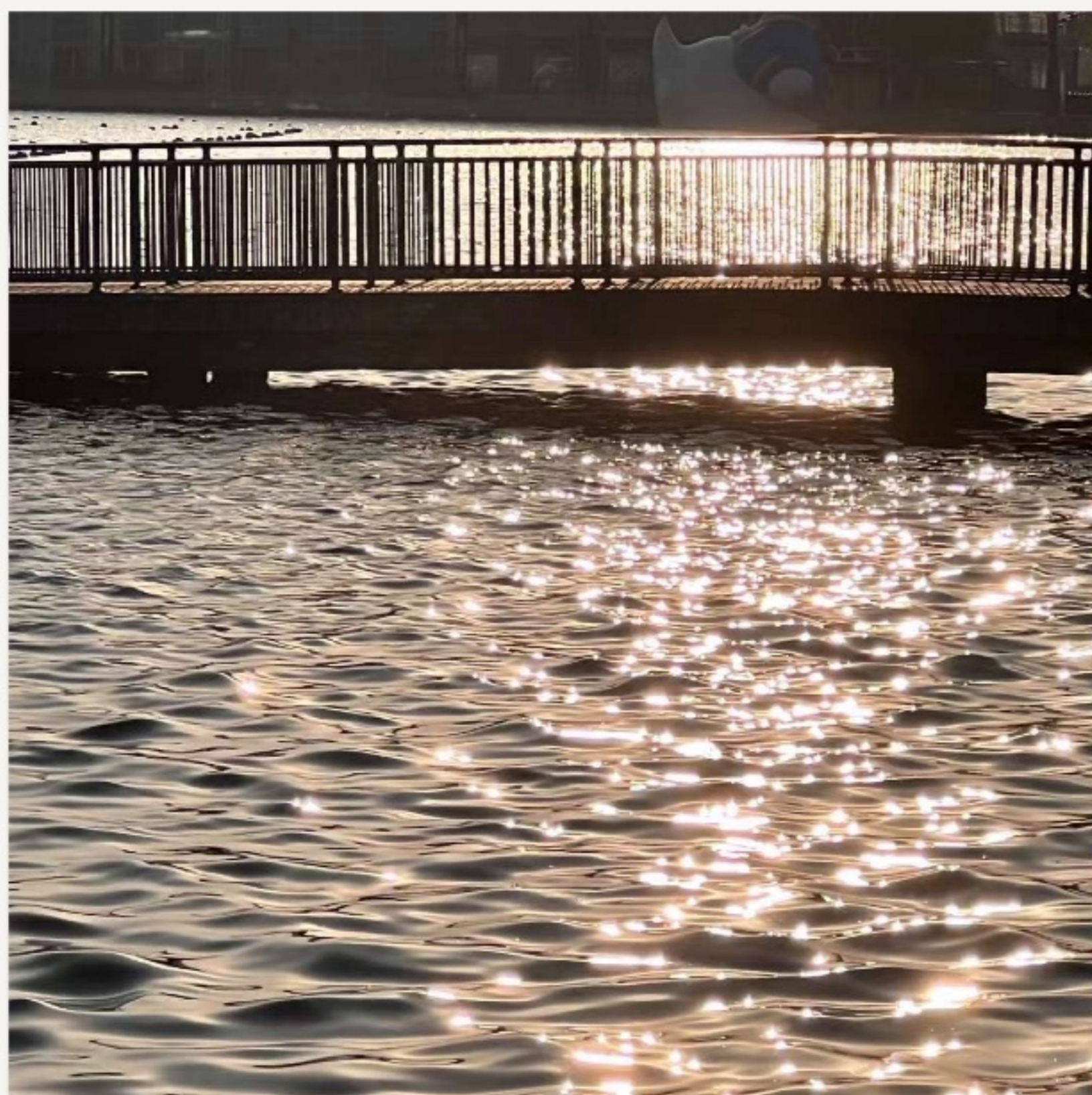


20/11/2022

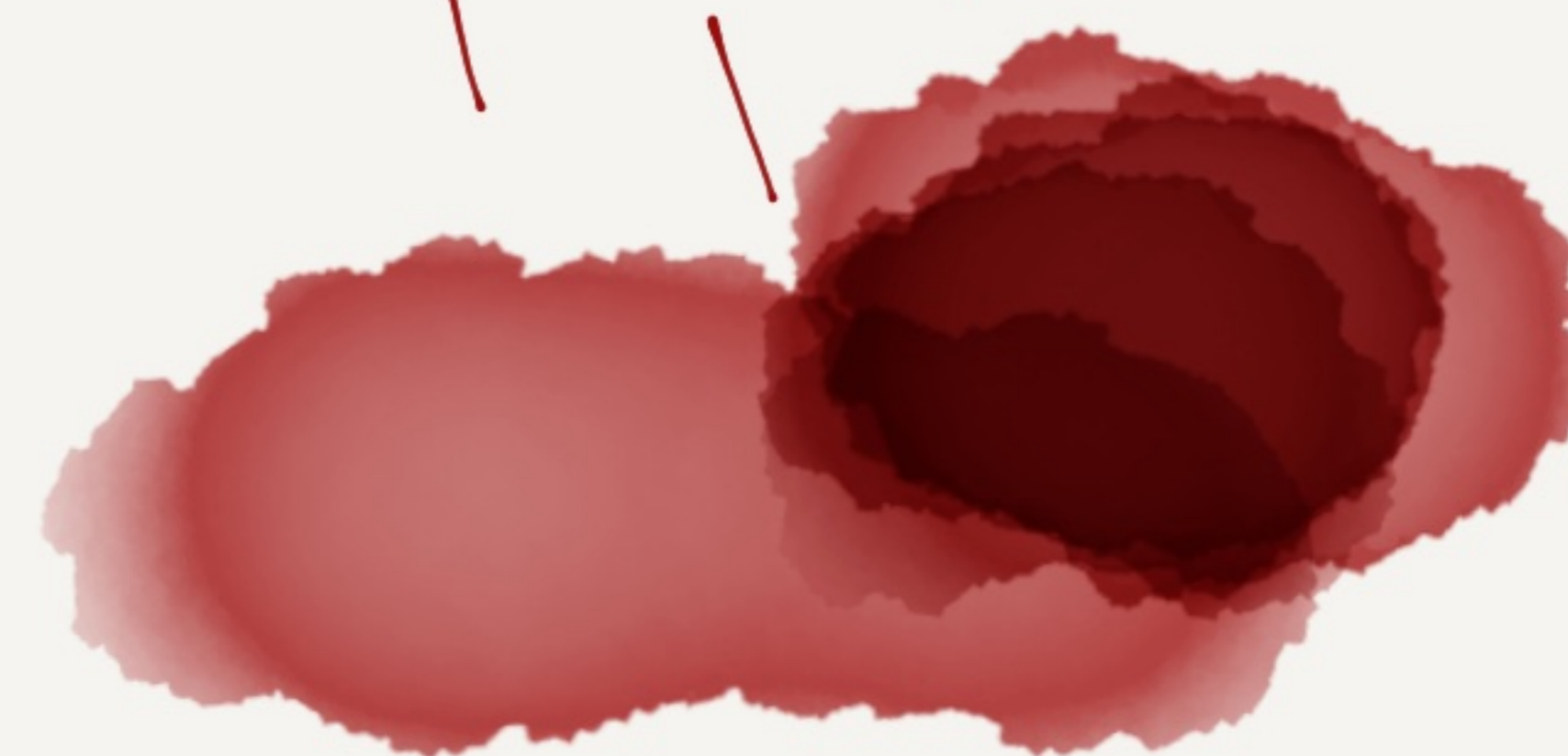


My two dogs are the only
reason for me to survive
They smash things crazily
I couldn't stop trembling
I hid under the table

22/12/2022



I had a nightmare
my mother disappeared.
Someone found her had been
hit by a car and was
lying in blood.



17 / 1 / 2023



I woke up by their quarrel
her eyes are purple
her chin is red
I'm going to call the police
she stopped me
He going to hit me
She stopped him
She scold me, said I was immature

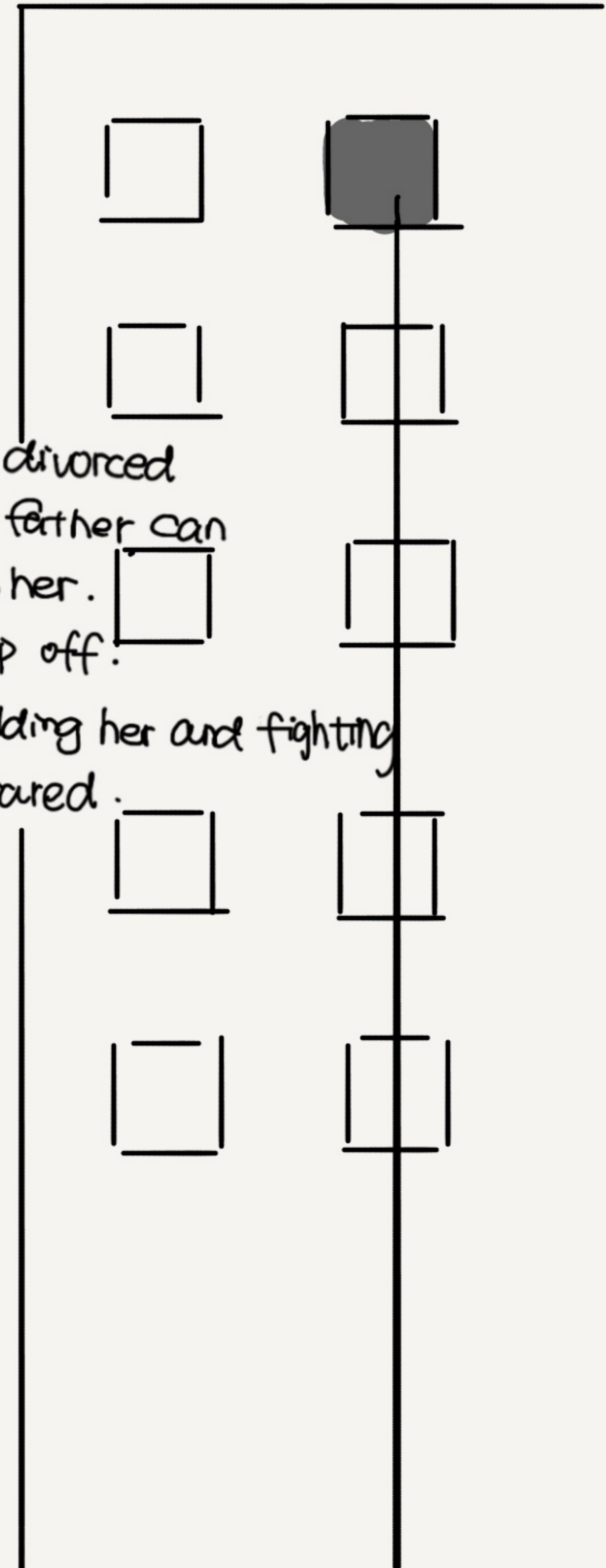


18/1/2023



She don't get divorced
She says my father can
only belong to her.

I tried to jump off.
but he still scolding her and fighting
I'm really scared.



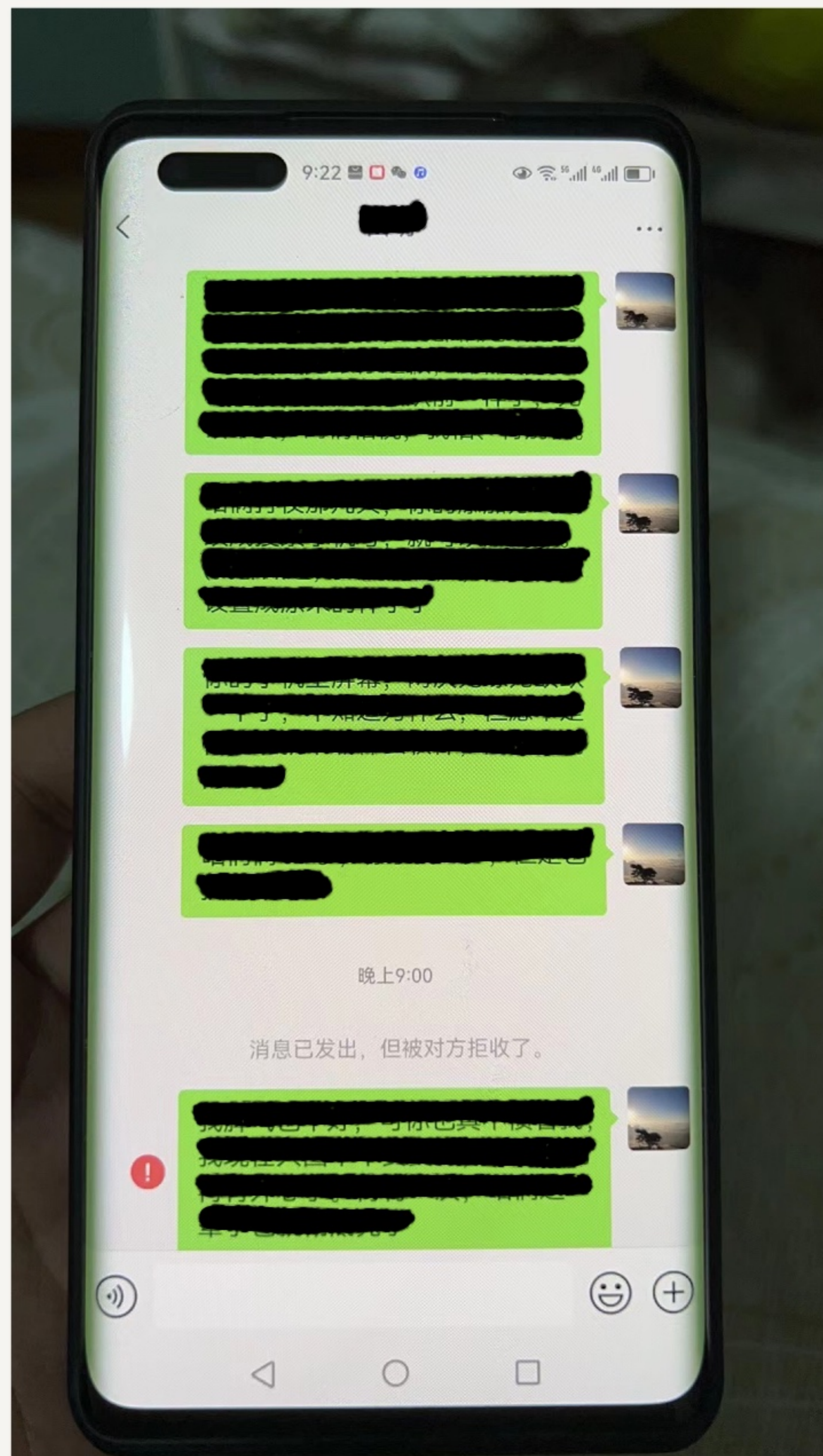
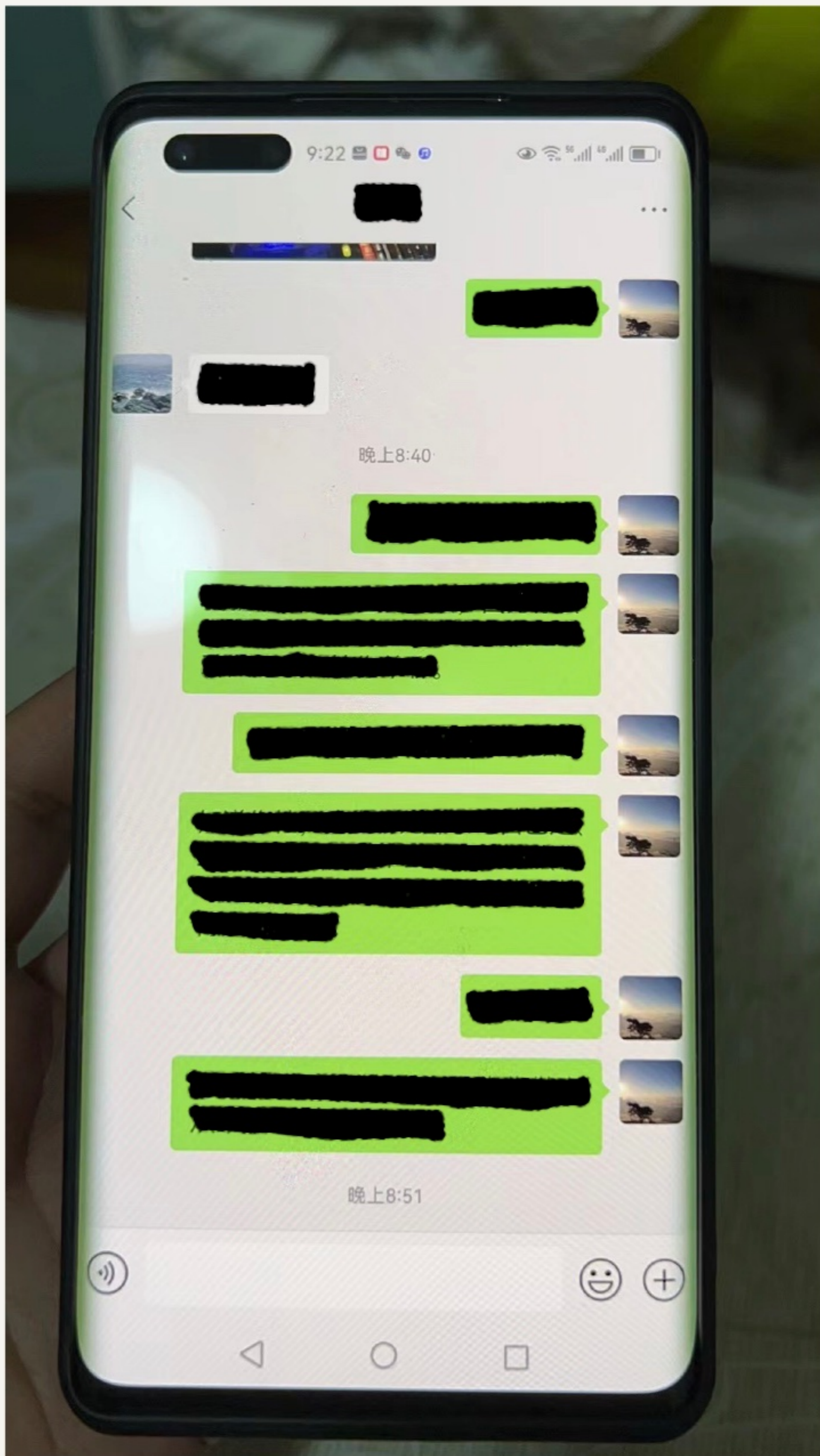
21/1/2023



I looked at her phone.
She sent a bunch of message
to my dad.

a whole screen.

- On September 17, 21. you just left home and called the person you loving'
- you are annoyed of even two dogs breathing'



22/1/2023



I was always think if I
would have friends if I killed
him and got of a jail ?
because one of my parents had
to be die to be happiness.
my whole family was sick.
Only I was saving myself.



8/2/2023



My doctor said she was really worried about me.

She add my medicine again.

' Get away from your family '

(Lamotriazine Tablet:

From 1-2)





You are the only one around me
who can accept and understand
my illness.
Everytime I talk with you,
I feel really better. 😊

