

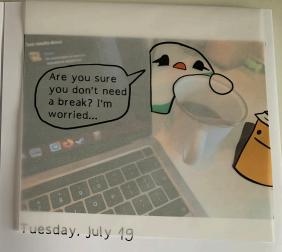
This is normal

And this is normal too!



Monday, July 18

Start to a new week after a weekend of rest. It's really hard crawling out of bed, especially since I find a lot of comfort sitting in it quietly. Hope I can manage this week...



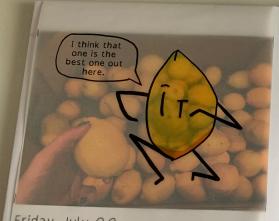
Second day of getting through it all. It's warm and loud out there, but I'm glad my coffee is at the perfect temperature afterall. I'd get a break but this will distract me from finishing.



If I was not nearing boredom now I feel it. I love a good routine, but staying for too much in one place drains me quite a lot. Not sure if I really deserve a break. Is wanting to move around a cop out from work?



Took the plunge for more breaks during work. I guess I might have been too hard on myself in the end. Feels great to self indulge into other doodles and drawings bettween work stints. I need to make a point not to forget this!



Friday, July 22

Finally end of the work week. I just need to get shopping out of the way. I guess shopping therapy can be done by picking the fruits and foods needed for the next week. Nobody comments on what I do. I also get to move, so that's another added benefit.



Not the ideal sunny weekend, although I love this. A walk in a quiet park and smelling the misty air without having to worry about the sun or schedules to meet is great. Proud of myself for getting through this week.



Sunday, July 24

Weekend coming to an end is definetly unnerving. I cannot get too pessimistic though. Doing better than the previous week is definetly a chance. Actually, scratch that, it will totally be better, it has to now that I'm well rested



