



you are who you are seeking

about me

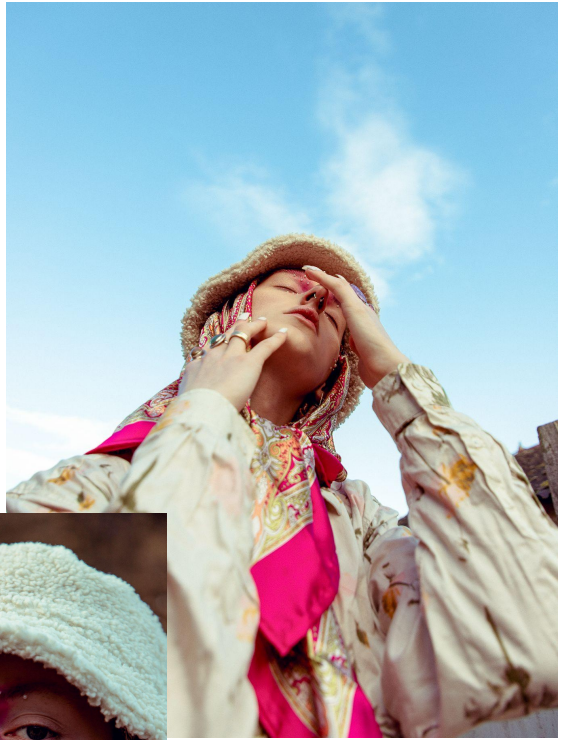
Aakruti Sarangdhar, also known as Akay is a Mumbai, India-born photographer who is currently pursuing her practice in London, UK. Akay shares a bird's eye view revealing more of the detailed characteristics that construe her, such as liquidity, luminosity, consciousness, authenticity, romanticism and the idea that served to coalesce all that into one connected as whole. The realm of art is so filled with illusions and imaginations that distinguishing what is genuine from what is not becomes a challenge. Either way, The purpose of the art that Aakruti creates is to promote self-love and awareness while blurring the line between illusion and reality, creating a fantasy of truth which embraces the power of authenticity. Akay makes it a point to look inside of herself and see outward through the eyes of her muse, both contributing seamlessly to the mood of her portraits and streaming a line of inquiry around consciousness. In her pursuit of practice, it is evident that she is a romantic, as well as empathetic, which manifests itself in her photographs whilst alluring her art with its romantic notion. Aakruti has always believed in broadening visual boundaries to her creative abilities, diving deep in her artistry, and cultivating the ability to convey a strong message through her art. A euphonic translation of voices from diverse muses, she defines her photographs as seeing the unseen and letting that inform her artwork. She usually creates photographs using full-frame digital format of photography along with the use of multiple lenses and lights differently, challenging her visual output each time she photographs a story. In addition to publications in Times Life India, Midday print newspaper, TMMindia and PhotoVogue, Akay's photographs have also appeared in Selin Magazine, Mob journal, Horizont Magazine, Goji Magazine, the Portrait Project and Marika Magazine. Among her many accomplishments is working for elite cable channels like MTV and NDTV, as well as photographing many celebrities.

As we reach the golden light at the end of a tunnel, Aakruti envisions having to endlessly enkindle art that acts as a revelatory experience of getting harmonious with self whilst constantly perceiving this universe with a romantic notion.

You can check out some of her work at www.aakrutisarangdhar.com alternatively you can find her on instagram, @akay.in

Vijñāna





streaming a line around consciousness



KAALI BILLI

Your awareness of yourself rises an understanding towards the uncertainty about the doubt of our place in this reality. It takes a while to become who you are becoming, whilst reaching for your higher self. The beauty of knowing and unknowing, learning and unlearning, growing and resting, becoming and unbecoming comes with discovering oneself.

“It feels pretty ironic this particular image made photo vogue. The hues of brown and green, clothed in mother nature. Hidden from the naked eye.

You are who you are seeking: Kaali Billi published in [@vogueitalia](#) and [@selin.magazine](#) Issue 15, Vol 42.

Kaali Billi, is a hindi term for black cat. And I am honoured [@akayy.in](#) choose me as her muse. Labelled Kaali Billi because of her darker skin tone. The concept of this project represents dismantling the effects and affects of other people’s labels and embracing thyself for the power of one’s authenticity.

If you are living with a skin condition and struggling today, I want to remind you - skin is for function. Your skin, as imperfect as it may feel and look. It is your largest organ, doing its thing to keep you alive.

If you are worried about all the complexion and colour changes that come with a skin condition. Embrace your hyper/hypopigmentation. Love yourself at every stage of the healing journey. Changing skin tones and complexion can inspire all to look beyond our differences and see that skin is for function. Despite our differences 98% of our genetic makeup is the the same.

Love your skin, believe in your beauty. No matter what your skin tone, colour or condition.’

- **Aramidé,**
who is fiercely battling Eczema





Musing Dream



It is often a human tendency to separate dreams from the reality, whilst both are connected strongly. Everything in this universal realm is connected, each one of us. Musing dream is my personal project to invite each of you to welcome your dreams into being. Concern yourself with the metaphysical meaning of this universe and you shall watch everything become transparent for you. The spiritual realm is

what one might say dreamlike, in contrast it is a passage of truth, belief and faith in becoming your highest, truest self. It was your dream for a reason, the universe implanted that dream for you and with you, get intune with yourself, better yourself and amuse yourself with your dreams turning into reality. This concept is inspired from the philosophical theories of The New Thought Movement & The law of Attraction.

peace lily



“Whereof what’s past is prologue; what to come,
in yours and my discharge.”

- Shakespeare

A personal journey of healing with my plant, peace lily. Spiritual realm is a non-linear and arbitrary. It is a continual process of soliciting change and growth. It is breaking free from your past myths and seducing yourself with the process of evolving into a better version of you.

The past has already been written, but the future is truly yours to shape depending on how you choose. Choose wisely. There is no mistake of the past to ruin the present. Past mistakes only provide lessons to be learned from.



Mucalinda

It is said that six weeks after Gautama Buddha began meditating under the Bodhi tree, the heavens darkened for seven days, and a prodigious rain descended. However, the mighty King of Serpents, Mucalinda, came from beneath the earth and protected with his hood the one who is the source of all protection. When the great storm had cleared, the serpent king assumed his human form, bowed before the Buddha, and returned in joy to his palace.”

(Source: Wikipedia)

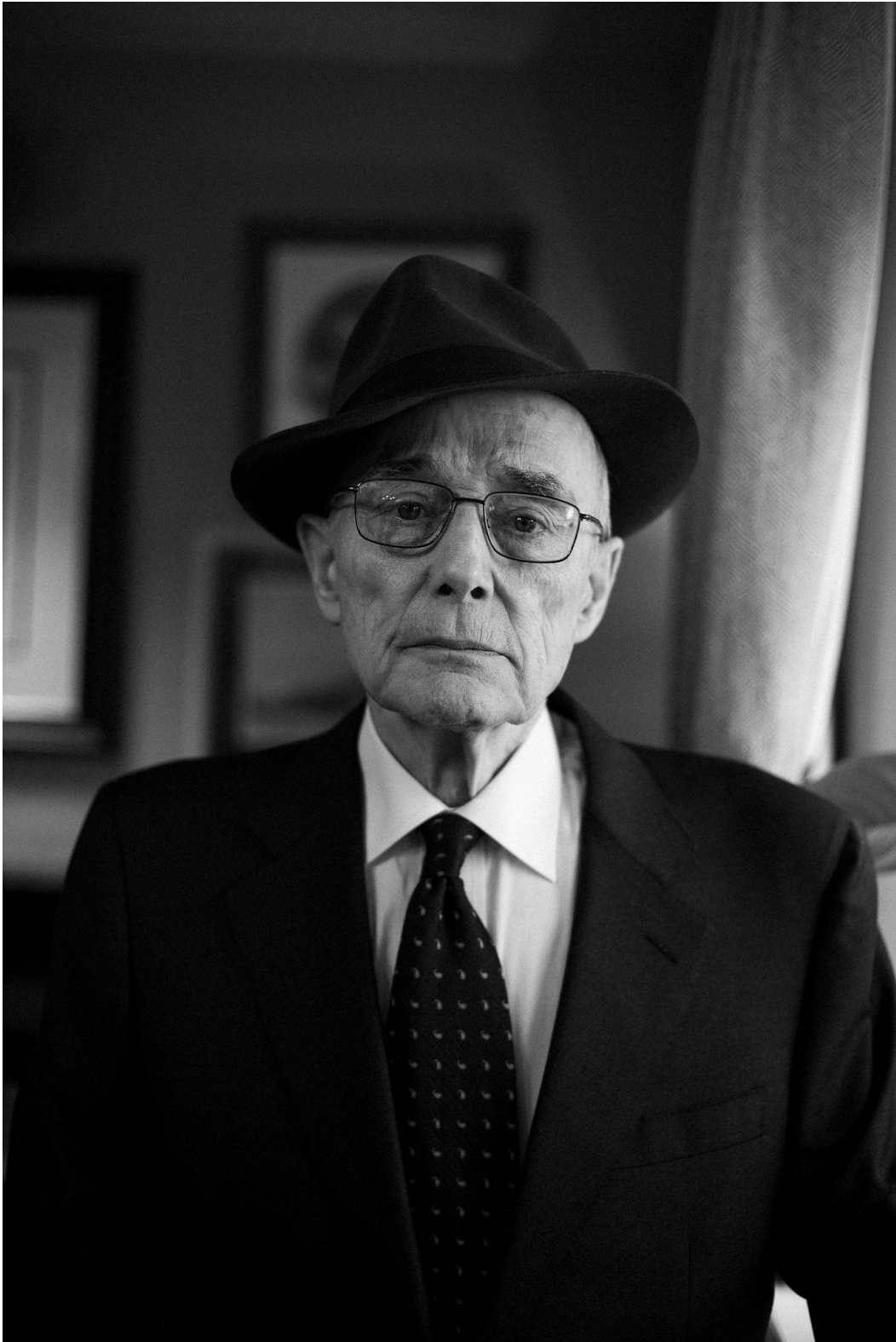


embrace



textiles by Holly Anne Hoban

Garrick Hagon





in the shoes of Lord Curzon



Rasika by the window



In my pursuit of practice, I tried to incorporate the artwork titled "Woman at a window, 1822" by Caspar David Friedrich, which has always intrigued me.

It is evident that I am a romantic, as well as empathetic, which manifests itself in my photographs. I make it a point to look inside of me and see outward through the eyes of my muse, both contributing seamlessly to the mood of my portraits.

The artworks that I create are intended to invite viewers to stop and contemplate the emotion of the portrait, the muse and myself as the creator, as well as ponder the self and romanticize the life we are given. All these components contribute to the allure of my art with their romantic notion.

Caged Birds

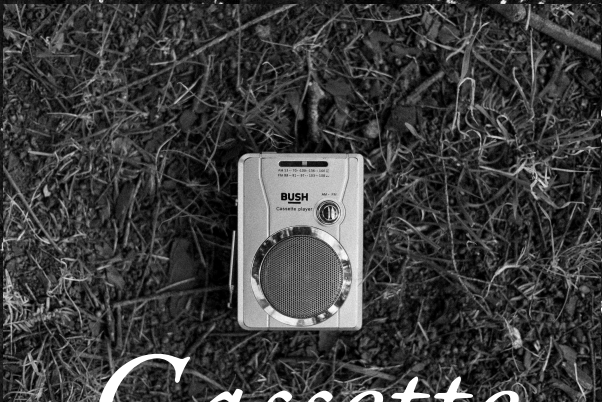


“The caged birds sing because it must. It must or die or maybe it must and die, but it must sing. Sometimes the melody arrived in that cage is much more appealing, much more profound, much more poignant than the melody arrived by the bird on the loose. The caged Birds sings with a fearful tear, its song is heard on the distant hill. For the caged bird sings of freedom, Freedom.”

- Maya Angelou



grounding



Cassette





*a wider perspective of grounding oneself with the history of earth.
Priscilla's classic cassette was what fascinated me to tune in to the
classic radio and listen to life with history.*



Traipse





a self contained space



textiles by Harpreet Kaur



Emotional map





How do you choose to let your emotions out and find thyself? The finding is always revolutionary. Anastasiya, chose to breathe with passion, confidence, dance, rhythm and embracing the fact that she was breathing her emotions under this big blue sky. Letting herself be and feel what she felt, embracing her freedom, hugging herself through sadness, smiling in comfort and dancing with her emotions, she took the road with an emotional

map. A map that lead her to the truths of the unknown and self. A map that helped her puzzle the pieces of her emotions together and a quest that only led her way to the calm and peace. I photographed Anna, looking deep into her eyes, knowing her emotions were making way to a dream of self and becoming. Someone said it right, become what you are capable of becoming.





sossegado





melancholy







Chromaticity in the woods





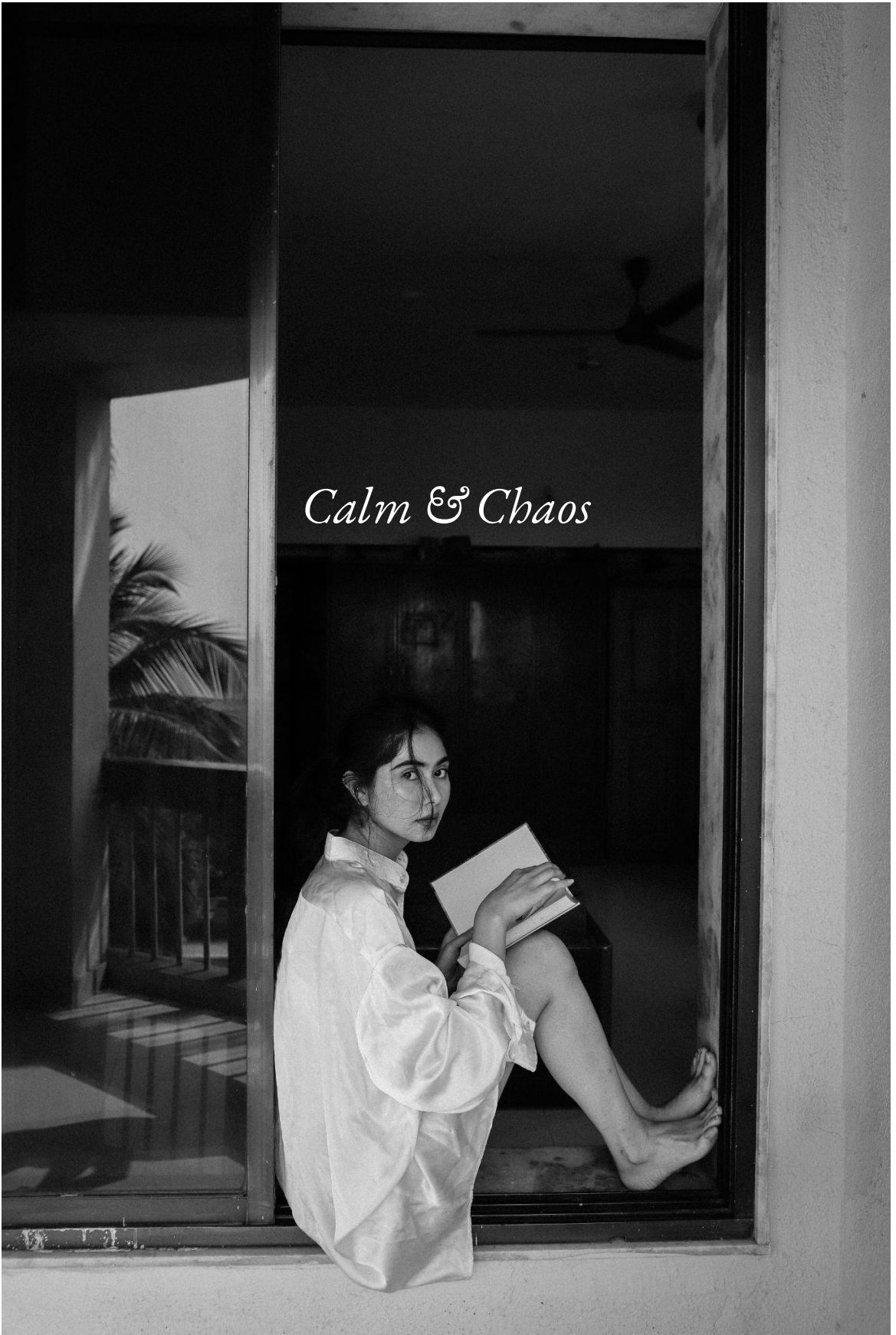
The world of colors comes to being only when light touches it. The psychological and aesthetic responses that the colors generate or evoke in the human beings are the most important aspects of colors. It's all in the shades, tints, and combos. In these photos, it was an opportunity for us to dig deeper, allow the wall of our subconscious to crumble as we reach for our rawest emotions using colors, acknowledging what our inner selves tell us, we have the chance to hone the feelings that derive from it. Exactly what makes this melancholy beautiful and colorful.



efficacious wave



Calm & Chaos



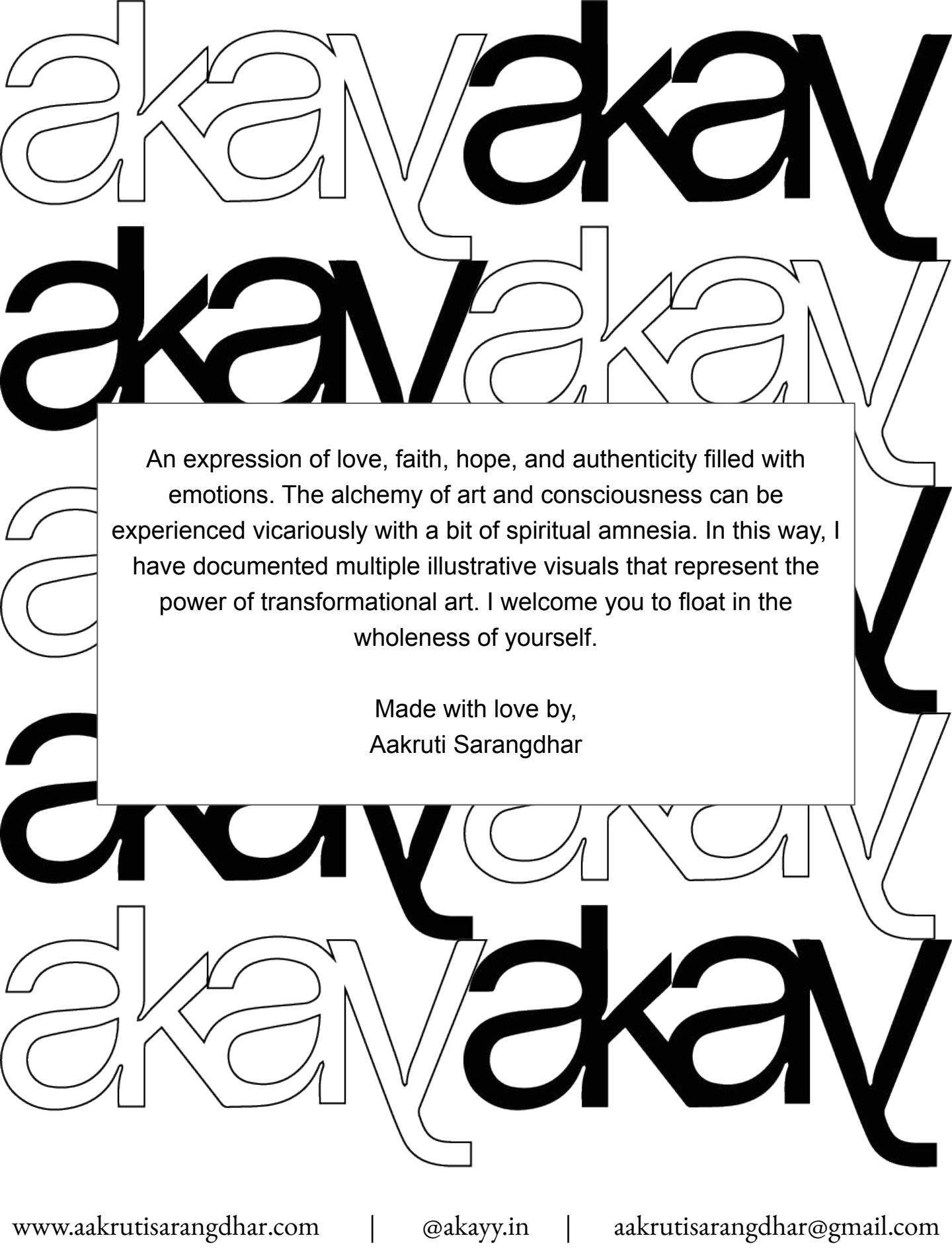


Polka Moon



Vintage Radio





An expression of love, faith, hope, and authenticity filled with emotions. The alchemy of art and consciousness can be experienced vicariously with a bit of spiritual amnesia. In this way, I have documented multiple illustrative visuals that represent the power of transformational art. I welcome you to float in the wholeness of yourself.

Made with love by,
Aakruti Sarangdhar