

Estrid & JACK



A Journey
For
Happiness



EMILY
LIN

This book is for those who yearn for some changes in life.



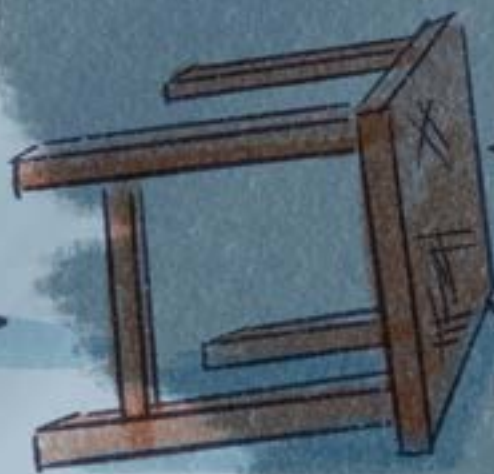
Estrid and Jack are sister and brother.
Every day, they go to school together.



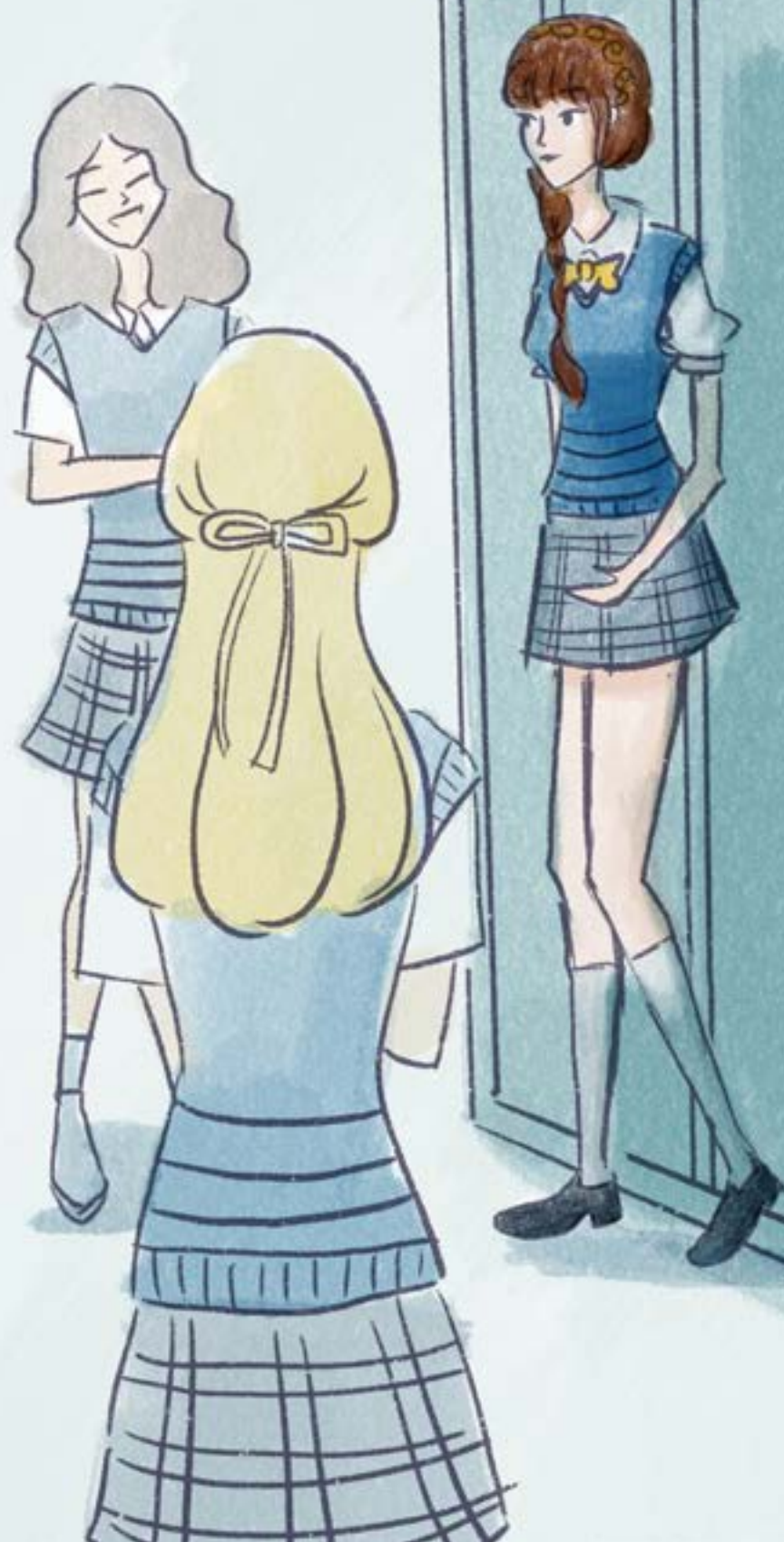
Jack prefers staying in the library when being at school.

Because that's the only place he can find peace.



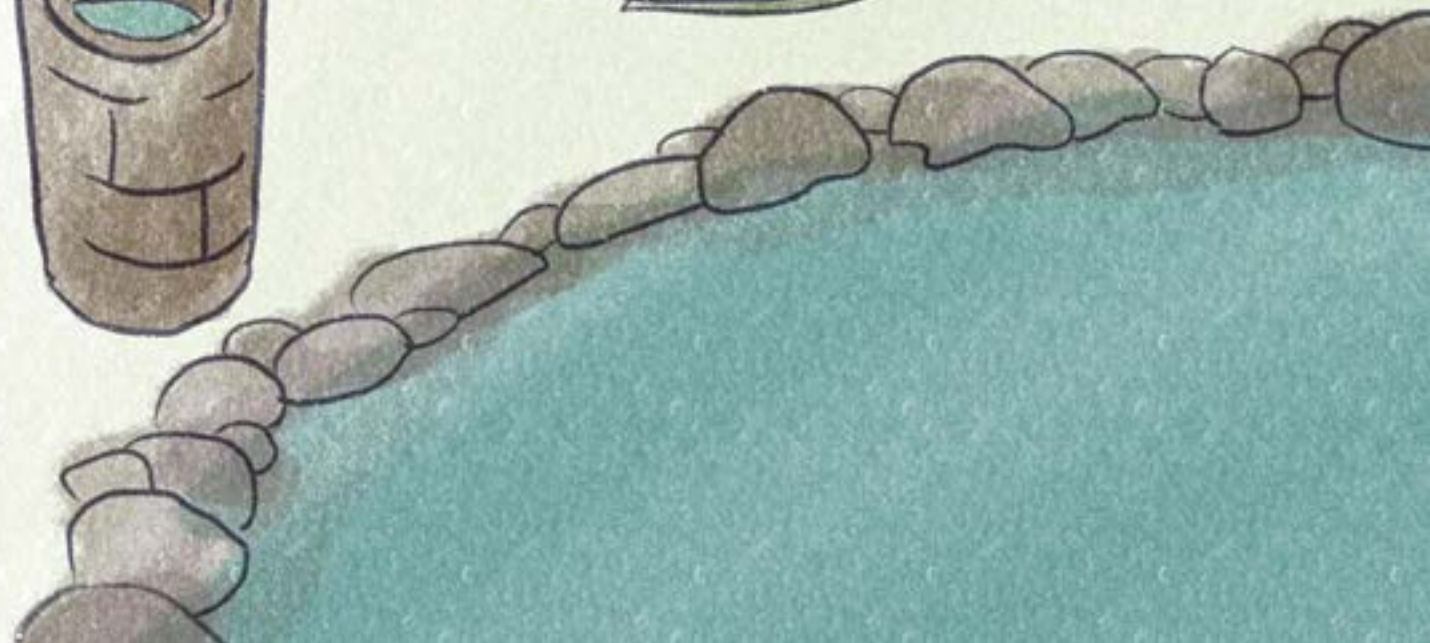


Estrid is quite popular for having good grades and an attractive appearance.

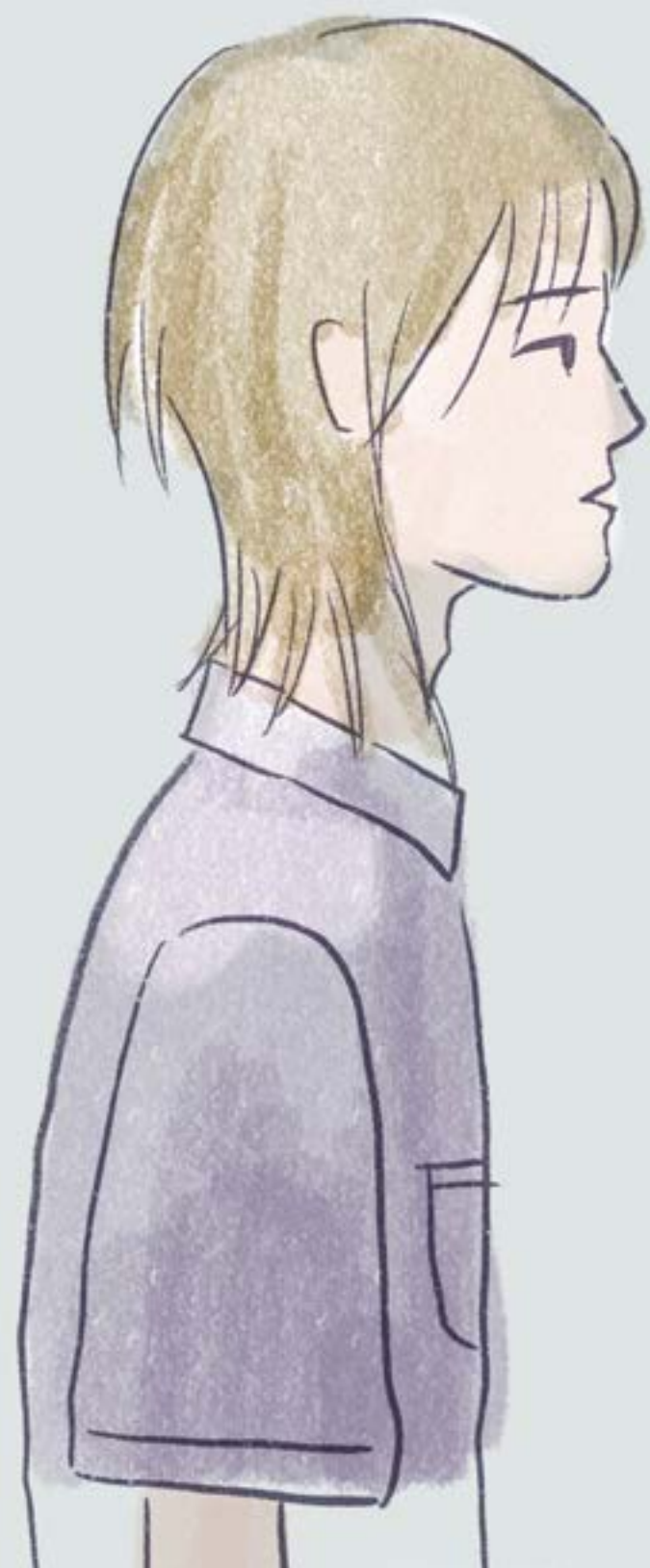




However, only when spending time with lovely animals does she feel happy.



They both have some problems
bothering them.





Sadly, their parents are too busy to listen to them.



One day, Jack finds something interesting when reading books in the library.

“The truth about happiness.
Come to the house on the cliff
and find a way to become happy.”



He shows Estrid that book,
and they decide to take off
for the truth.







The First Step:
House on the Cliff

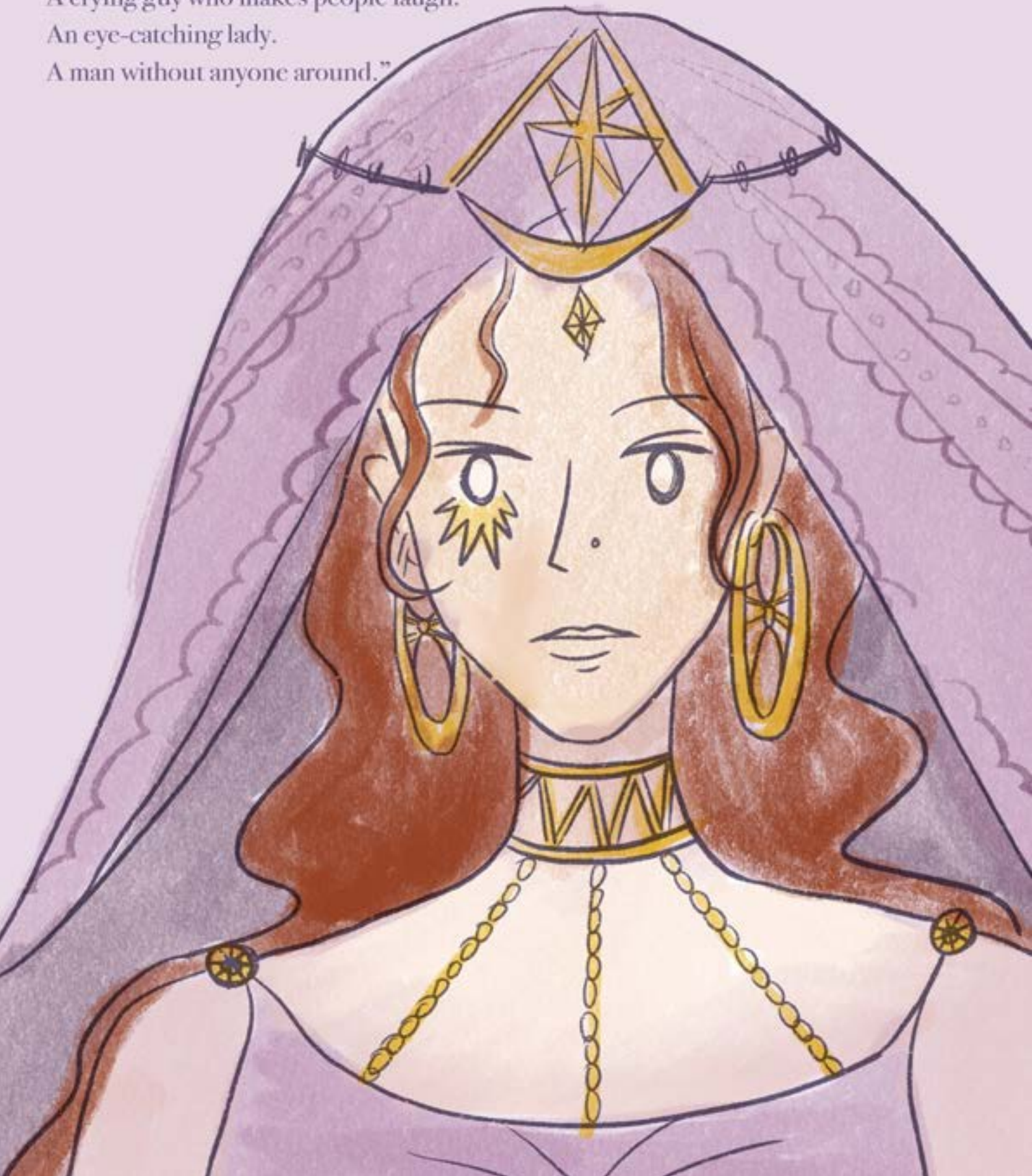
At their first stop, they find out that in the mysterious house live a fortune teller.



They ask the fortune teller what the truth of happiness is.

The fortune teller says, "The fact that you came to me proves that you have taken the first step.
If you two can finish the rest of the journey, you will get your answer."
"I'm going to give you some hints.
Please find the following people :

A crying guy who makes people laugh.
An eye-catching lady.
A man without anyone around."





The siblings thank the fortune teller and leave.

The wise lady lends her guests a boat which can take them across the floating islands to get to the other side of this world.

The Second Stop:

Circus





When Jack and Estrid arrive at the other side of the world, they see a circus tent.

Inside the tent sit a crying clown.

“He must be the crying guy who makes people laugh.” they think.





“What are you doing here? Did you come for a joke?” asks the clown when he sees the young strangers come.

“No, we want to ask you about the truth of happiness,” replies Jack.

The crying clown then says,

“Well, that’s a good question. You see, I was a writer, but I’m over party.

“Therefore, I came to work here.

“People are afraid of facing their heart, and that’s why they keep coming to me for entertainment.

“They keep escaping like I do.

“And when they get home, they are as sad as I am.”

“You can leave here and do what you want,” suggests Estrid,

“Maybe you can write about what you encounter in the circus.

“At least, it’s what you’re really into.”

The clown thinks for a while and says,

“I think you have a point. I will leave with you two. Where do you want to go?”

“We need to find an eye-catching lady.

“Do you know anyone famous around here?” asks Jack.

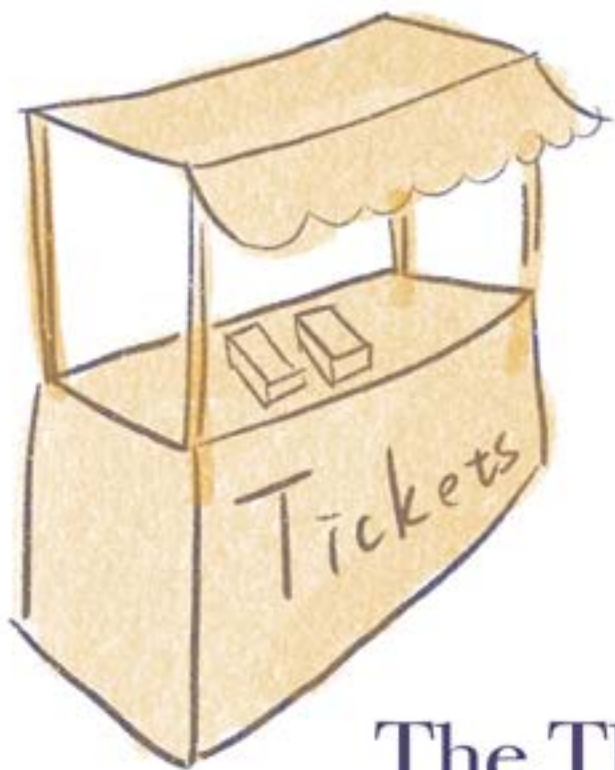
“Well, I know where you should go, come with me” shouts the clown.

The clown then opens his huge dice.

“This can take you wherever you want to go,” he says.

They all jump into the dice.





The Third Step:
The Grand Party



The destination is the entrance to a grand party.
Jack and Estrid enter and see a beautiful woman on a beach chair.
They walk to her.

“Excuse me, Miss. We wonder if you have any thoughts about happiness?” says Jack.

“Oh, that’s easy!” she replies.

“When you’re rich, you’ll be happy. You can go to parties every day.”

Estrid asks why the party is fun.

“Because you will be envied by others, this is an ideal life,” replies the woman.

Estrid thinks about what the woman said.

Since it sounds to be the same as her life at school, she wonders why she is still unhappy.



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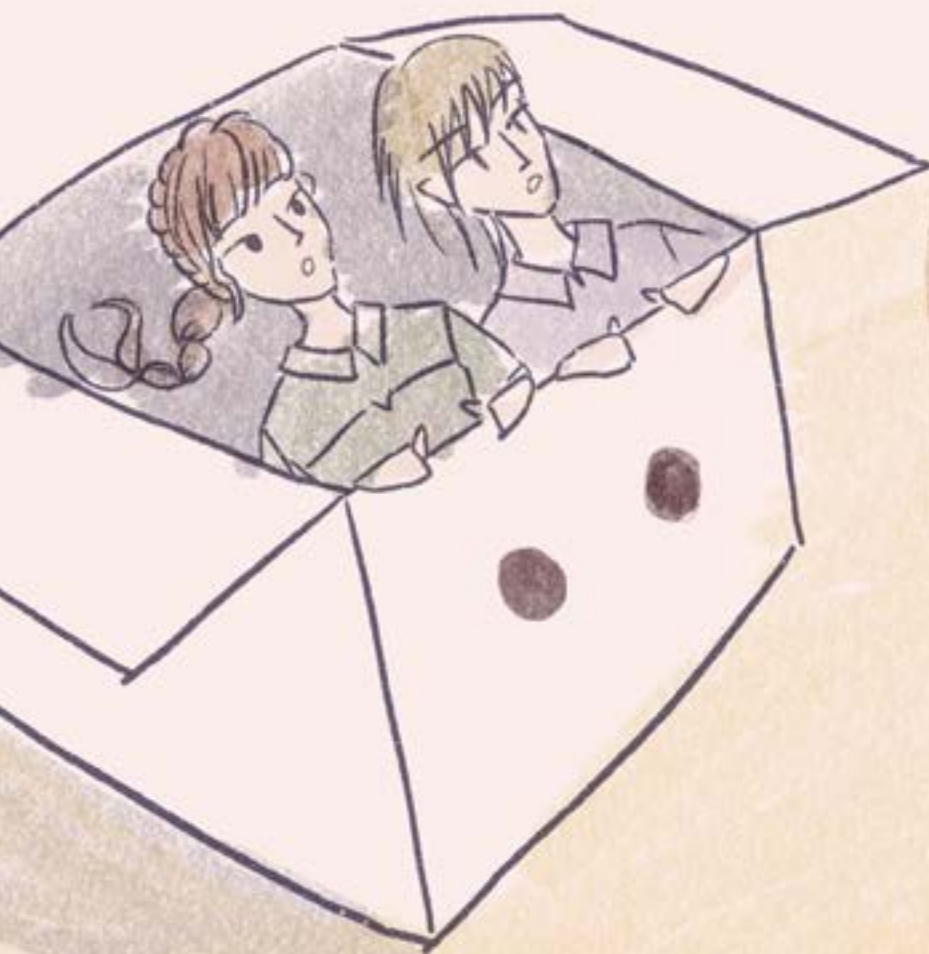
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The Fourth Stop:
A Lone Island



The moment they reach the isolated island,
they see a strong man wearing massive leaves.

The man welcomes the siblings and take them fishing.

Estrid and Jack get to know that the man was cheated
out of a lot of money by his friends.

He didn't want to be fooled by anyone again.
That's why he moved to the island on his own.

At night, they enjoy grilled fish and marshmallows on the beach and lay down to look at the beautiful night sky.

"Aren't you lonely?" asks Jack.

"Sometimes," he replies, "but at least I can stay away from people who hurt me and find my peace.

"However, I know people still need connection, so I write letters."





“To whom?” asks Estrid.



"To my sister. She's my sole family," replies the man,
"And sometimes I write to the clouds, the fish, and so on.
"I guess I just need someone or something to let me express myself."

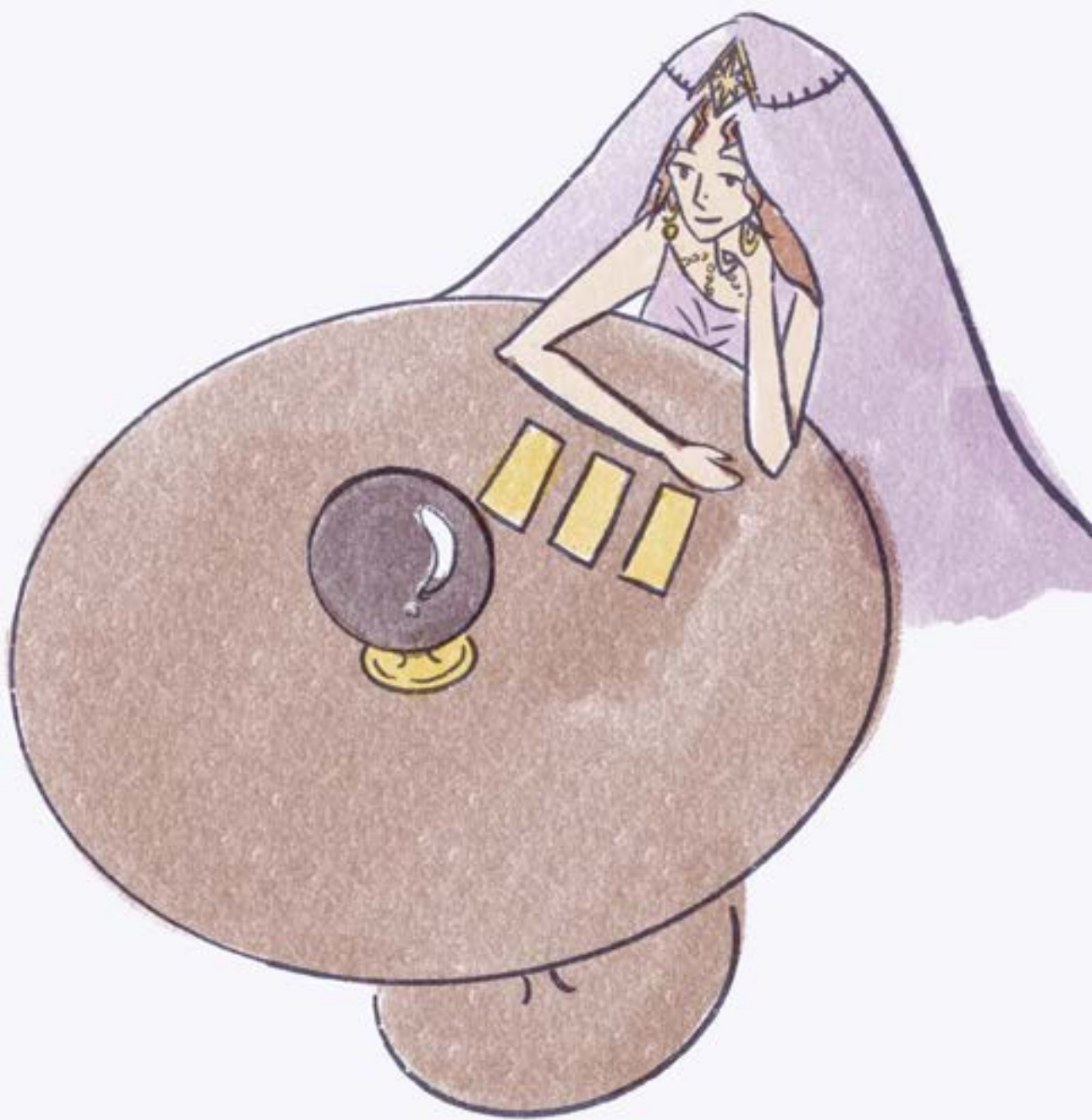
"Maybe you can invite your sister here, or you can visit her.
"You can still rely on people you trust," suggests Estrid.

The man smiles and says, "It's hard for me to rely on somebody,
but I'll consider that, thank you."

The conversation stops.
In the silence, everything feels enchanting at this moment.



The Fifth Stop: Home





The fortune teller looks into
her crystal ball.



She sees when Estrid and Jack get home,
they finally formally talk to
their parents about their problems at school.



Everything gets better little by little as they work together.



Now, they even do volunteer works in the field they love.



Even the others change.

The clown goes back to his writing career.

The beautiful woman starts to do things
she really likes instead of pleasing people.

The lonely man meets his sister.

Now they know they can believe themselves
and face the problems in life.

The answer is in their heart.
Happiness is created by themselves.

So what are the truth of happiness?

“

Listen to your heart, it knows what it needs.

”

Please yourself, not others.

“

Give others and yourself another chance to believe.

“

THE END

